




TRANQUIL
HAYES
Professional massage

ACUPRESSURE MASSAGE
For

WEDDINGS & HEN DO'S

A fully-clothed, oil-free therapy that uses gentle pressure on key energy points (meridians) to melt away tension, boost circulation, and leave people feeling light, calm, and energised. Delivered with a portable ergonomic chair, it slips effortlessly into any venue—hotel suite, marquee, country house, even a party bus.





“CALM TOUCH, FOR JOYFUL
GUEST,”

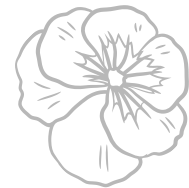


WHY IT'S PERFECT FOR CELEBRATIONS

B E N E F I T S F O R G U E S T S & W E D D I N G P A R T Y

- De-stresses on the spot – calms pre-ceremony nerves, jet-lag, or “night-before” tension.
- Happy, relaxed guests translate to better photos, smoother timelines, and a warmer atmosphere.
- Eases aches from long travel, dancing, or standing in heels.
- Memorable wow-factor—an unexpected luxury touch guests rave about.
- Quick energy boost—handy between hair/make-up, photos, and reception.
- Minimal space & fuss—no oils, towels, or undressing; perfect for pristine outfits.
- Inclusive—suitable for all ages and most mobility levels.
- Budget-flexible—book by the hour

“SERENITY IN EVERY PRESS”



INTRODUCTION

HOW THE SERVICE WORKS



Set-up

- Therapist arrives 20–30 min early with a compact massage chair and small kit bag.
- Needs only a quiet corner (about 2 m × 2 m) – bridal suite, lounge, tipi alcove, or VIP tent.

Session Flow

- Duration: 10-, 15-, or 20-minute slots.
- Technique: Focus on neck, shoulders, back, arms, and hands—keeping hair, make-up, and outfits intact.
- Customisable: Guests can request “calming & grounding,” “energy revive,” or “shoulder rescue.”

Scheduling Options

- **Hen-Do:** Create a mini “wellness corner” during pamper nights, spa days, or pre-party brunches.

Wedding Day:

- Morning prep: calm nerves while hair and make-up rotate.
- Cocktail hour: entertain guests during photo intervals.
- Evening reset: revive dancers between sets.

Health & Safety

- Therapist is fully insured, first-aid trained, and follows strict hygiene protocols.

"TRANQUILITY ONE POINT AT A TIME"



IDEAL BOOKING SCENARIOS & FREQUENCY

Occasion Recommended Timing Typical Booking Length

Hen-Do (single day)

Mid-afternoon chill-out or pre-night-out
pick-me-up

Hen Weekend Retreat

Daily wellness hour before activities
Morning breakfast after the night before

Wedding Morning

During bridal party prep

Reception / Cocktail Hour

While couple has photos

Evening Party

Break between band sets / DJ



one therapist can treat 3–4 people per hour (15-min sessions). For larger guest lists, book additional therapists or extend hours.



"PEACE PRESSED INTO EVERY MOMENT"

UNIQUE TO YOU'RE DAY

ADDING A SENSE OF WELL-BEING
TO YOU'RE SPECIAL DAY

- **Fast luxury:** Instant relaxation without spa robes or oil spills.
- **Zero disruption:** Works around hair, make-up, and formalwear.
- **Universal appeal:** From grandparents to groomsman, everyone can enjoy a tension-lifting reset.
- **Elevates the experience:** Adds a boutique, caring touch that makes your event stand out.



ADD A ONE-OF-A-KIND WELLNESS TOUCH TO YOUR CELEBRATION

“LOVE IN EVERY PRESSURE POINT
- MAY YOUR MARRIAGE BE AS
BALANCED AND BLISSFUL AS
THIS TOUCH.”

Surprise your guests with an indulgence they didn't expect but will never forget. Our seated acupressure massage station delivers spa-quality relaxation in minutes, fully clothed, oil-free, and perfectly suited to pristine outfits and tight timelines. Whether it's a wedding morning, hen-do brunch, or evening reception, a skilled therapist melts away tension in necks, shoulders, and backs, calming nerves and reviving energy without disrupting hair, make-up, or the flow of your event.

The result? Happier, more comfortable guests, radiant photos, and an atmosphere of effortless luxury that sets your occasion apart. Compact, hygienic, and easy to schedule, acupressure massage is the simple yet unforgettable extra that turns a special day into an extraordinary memory.



CONTACT US
TRANQUIL HAYES MESSAGE

“ELEVATE THE MOMENT -
WELLNESS WOVEN INTO
EVERY CELEBRATION.”

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Professional massage

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Providing a unique service across:
Essex, London, Kent and
Hertfordshire



Tranquil Hayes Massage



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